

## Nevado de Santa Isabel Summit, Laguna Verde and Refugio el Cisne



## **Overview**

## **Dates**

CLOSED days of the Los Nevados National Natural Park 2024-2025:

During these days, entry is NOT permitted:



- April 21 to 25, 2025
- May 19 to 23, 2025
- September 22 to 26, 2025
- November 24 to 28, 2025

### **Price**

#### **Prices 2025 ONLY Private Groups:**

• 1 person: \$2,960,000

• 2 people: \$1,740,000 each

• 3 people: \$1,360,000 each

• 4 to 9 people: \$1,230,000 each

• 10 or more people: \$1,180,000 each (Open or private)

#### **Notes:**

- To register, you can deposit a 50% deposit.
- When we have the permits approved, you can deposit the final balance
- To register you must pay 50%, once the payment is made, no refunds are made in case people cannot go except for serious medical reasons or COVID19.
- The price does not include transportation from your city of origin to Pereira or Santa Rosa de Cabal, you must be there the day before, you can go in your vehicle, by bus or by plane and you must spend the night in Pereira or Santa Rose of Cabal.
- If you travel by plane you must buy the return flight the next day, we are not responsible in the event of unforeseen events and you cannot arrive on time at the airport.



To reserve your place please write to <u>info@ecoglobalexpeditions.com</u> with the names of the people interested and their phones (the telephone number is very important to be able to inform in case of any changes in the schedule)

By return of mail we will give all the instructions for the inscription (form of payment, terms, requirements, etc.)

### Way to pay:

1. By consignment or transfer to the bank account that we will inform you in a timely manner

Or in any of the **14 OCHOMILES** stores of Bogota

**Note**: Take advantage of the electronic channels and make the payment through a bank transfer to our account !!

2. With credit or debit card through the Online Payment service communicating with us.

### How to book

## What's included

- Prior meeting before the ascent
- Full feed from breakfast on day 1 to lunch on day 2
- Mountain guide (For groups are 2 or 3 guides)
- Logistics of the entire trip
- Medical assistance insurance
- Complete glacier equipment (Helmets, harness, crampons, ice ax, carabiner ropes)
- Water purification throughout the tour
- Trekking poles
- Hot drinks in camps and shelters
- Snacks per day
- Private transport in 4×4 vehicle from the agreed place.



### What's not included

- Pre-expedition night in Pereira or Santa Rosa de Cabal
- Transport from your city of origin to Pereira or Santa Rosa de Cabal and return
- If you travel by plane you must buy the return flight the next day, we are not responsible in the event of unforeseen events and you cannot arrive on time at the airport.
- The personal glacier equipment portering service (which is really the only thing you have to load)

## **Itinerary**

## Travel tips

Most people traveling with Ecoglobal Expeditions are fervent lovers of nature, they are uncomplicated and "off-road" travelers, patients, tolerants, collaborators and enthusiasts. They like to travel in groups because they find in this experience an opportunity to learn from others, make friends and share experiences during the trip. Thinking about it, we wanted to propose a list of "Good Group Travel Practices" to help travelers to have a richer and more pleasant experience during the excursions. You can find the list by clicking here: Good Group Travel Practices

Because we will remain throughout the expedition at altitudes above 3,000 meters above sea level and in remote areas, this exit is not suitable for people with lung or heart conditions or for people under medical treatment for diseases such as diabetes, Asthma, etc.

Staying at high altitudes may be contraindicated if you are under medical prescription. If you have questions please consult your doctor before enrolling.

- As far as possible take the least amount of wrappers, cans or glasses and please, let's return
  home all the inorganic waste that we carry in our backpack «if you carry it in your backpack,
  you can return in your backpack»
- Please do not leave trash in the mountain and I hope we don't leave trash in the cabin.
- Do not carry or consume liquor (no brandy, wine, whiskey, beer, etc.), or toxic substances,



psychoactive or hallucinogenic in the mountains (marijuana, cocaine, heroin, ecstasy, fungi, etc., that combination is worse than The "gasoline with the liquor" !!).

- Bring warm clothes, the place we go is very cold.
- Consume a lot of liquid during your stay in the mountains, this practice helps improve the body's ability to adjust to height.
- Pack your clothes in plastic bags inside the backpack, carry extra plastic bags for various uses.
- Protect your camera from moisture.
- Carry spare batteries.
- Bring snacks, chocolates, peanuts, panela, etc. Packed in resealable plastic bags ("Ziploc"), remove the air when packing them to occupy as little space as possible inside your backpack.
- If you are vegetarian, we recommend you bring your own food, Packed in resealable plastic bags.
- Light luggage travel, it is not necessary to bring a bag for each day.
- Do not bring jewelry or valuables (the Rolex and the Cartier earrings please leave them at home).
- During the walks do not leave the group, do not go ahead, do not be left alone.
- The weather conditions in the mountains can change in minutes, always carry a raincoat.
- Keep in mind that we will be staying in a very remote place, run by a peasant organization.
   Our hosts will do everything in their power to serve us as best as possible, within the conditions of the place and its culture.
- Traductor de Google para empresas:Google Translator ToolkitTraductor de sitios web
- Información del Traductor de GoogleComunidadMóvil

#### What to bring:

- Water Canteen, Thermo or Camelback, let's avoid plastic or PET bottles
- Please do not wear denim pants or jeans or in general cotton, they do not protect against the cold and if they are Wet do not dry for the entire expedition. Also avoid cotton t-shirts, sweaters and jackets
- One (1) suit of thermal underwear or polar fleece sweatshirt or coarse fabric to stay in the cabin and to sleep
- Two (2) or maximum three (3) pairs of thick stockings hopefully wool
- One (1) wool cap or fleece covering the ears (can be balaclava)
- One (1) pair of impervious gloves
- One (1) cap or hat
- One (1) pair of trekking boots that cover the ankles and ideally they are waterproof
- One (1) pair of sandals or light tennis shoes for use in the cabin
- One (1) jacket and one (1) waterproof trousers
- One (1) fleece jacket or synthetic material to protect against cold
- One (1) quick drying towel
- First-aid kit
- Small flashlight and spare batteries for three (3) days
- Sunglasses (400 UV filter)



- Small backpack for hiking
- Canes (optional)
- Small personal care items
- Sun block with protection factor greater than or equal to 60SPF
- Plastic bags
- Toilet paper
- Lipstick, cocoa butter or petroleum jelly
- Sweets / chocolates / peanuts / snacks / energy
- If you are vegetarian, we recommend you bring your own food
- Photographic camera
- Surely it's going to rain, we should prepare for it, pack everything in plastic bags !!!